



JEFFERSON
WISCONSIN

We're going outside.

Jefferson Recreation Department Newsletter

NOVEMBER 29, 2017

317 SOUTH MAIN STREET JEFFERSON, WI 53549

WWW.JEFFERSONWIS.COM

ADULT AQUATICS

**THURSDAY
AQUA ZUMBA
6:00PM-6:30PM
December 7—January 4
\$20 Per Session
Drop in spots available!**

**SATURDAY
AQUA CIRCUIT BLAST
7:00AM-7:45AM
December 9—December 30
\$17 Per Session
Drop in spots available!**

**MONDAY & WEDNESDAY
WATER EXERCISE
5:45PM—6:45PM
\$2 Per Class**

All classes held at JHS Pool

JEFFERSON JAZZERCISE

Mon & Wed (ongoing program)
4:45PM to 5:45PM
VFW Recreation Center
Register in person at any class or call Christine Kenseth at 608-201-9236 or email ckenseth@aol.com



VFW Recreation Center
1420 South Rockwell Ave.

STARTS TONIGHT

ADULT YOGA

**November 30—January 31
6:00PM—7:00PM
VFW Recreation Center
\$35/session or \$5/drop ins**

Adult yoga is appropriate for most participants, from beginner to intermediate. All participants will have the opportunity to enhance the quality of their life by improving: physical strength, flexibility and balance & presence of mind.



Instructor: Carrie Garity

Co-Ed Basketball Camp

Saturday Mornings

January 13—February 10 (off 1/27)

\$30/Resident \$37.50 Non-Resident

9:00AM Kindergarten Basketball Camp

10:00AM Grades 1 & 2 Camp & Scheduled Games

The kindergarten camp will teach players the fundamentals of basketball and incorporate various “mini games” throughout each session. For Grades 1 & 2 the first (2) weeks will be fundamental & skill based. The final (2) weeks, the teams will play two scheduled games with JHS players acting as coach.

REGISTRATION DEADLINE: FRIDAY, NOVEMBER 17



OPEN GYM

DECEMBER DATES

Saturday, December 16

Sundays, December 3 & 17

JANUARY DATES

Saturdays, January 13, 20, 27

Sundays, January 14, 21, 28

1:00PM—4:00PM

JEFFERSON MIDDLE SCHOOL GYM DOOR #12

FREE PROGRAM

**BASKETBALLS ARE LIMITED,
bring your own if you can!**

If you have questions about any of our programs, call us at 920-674-7720 or ksorvick@jeffersonwis.com



To be added to our weekly recreation email list, please email mary@jeffersonwis.com

Three easy ways to register:

1. By Mail: Complete and mail permission slip with fee to 317 South Main Street, Jefferson, WI 53549. 2. In Person: Bring completed permission slip and fee to the Rec. Dept. Monday - Friday from 8:00 a.m. - 5:00 p.m. 3. 24-hour Drop Box: A locked, wall mounted drop box is accessible 24-hours each day outside the West Dodge Street entrance to City Hall. This box is emptied every day.