

Jefferson Park & Rec Dept.  
317 S. Main Street  
Jefferson, WI 53549  
920.674.7720



aqua  
**ZUMBA**

Make a Splash!  
Bring the Party to the Pool.

**THURSDAYS**  
**JANUARY 12, 2012 – FEBRUARY 16, 2012**  
**5:30 – 6:15 P.M.**  
**HIGH SCHOOL INDOOR POOL**  
**\$25/session**  
**Call 674.7720 to register!**

**Aqua Zumba is a fun and exciting "pool party" style fitness class that will challenge you and leave you wanting more. This class incorporates the principles of Zumba with the resistance of water to create a workout like none other! Various Latin style dances will be used along with other movements such as hamstring curls, kicking and twisting. Please come prepared to splash in the pool with appropriate attire (swim suit, shorts, t-shirt, etc) and a towel.**