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Jefferson Park & Recreation News – 01/31/12

Outdoor Soccer

You know Spring is on the way when it's time for Outdoor Soccer. The Jefferson Recreation Department Outdoor Soccer program will start on Saturday, April 7 at Tensfeldt Park. This program has room for everyone. The Micro Soccer is for children age 5 through Kindergarten. They will play on Saturday mornings from 10:00 – 11:00 a.m.

Grades 1 through 8 will also play on Saturday mornings at their own scheduled times. Leagues will be divided as follows: Grades 1&2; grades 3&4; grades 5&6; and grades 7&8.

The cost is \$30 per person and includes a team T-shirt. Permission slips will be available to students in all schools, at the Jefferson Recreation Department in City Hall and online from our website at www.jeffersonwis.com. The registration deadline is Friday March 2. To assure your child will be placed on a team, please have your permission slip into the Recreation Department by the deadline date.

Yoga class offered

Continuing Yoga will be on Wednesdays from 6:30 to 7:45 p.m. in the City Hall Meeting Rooms beginning February 1 and continuing through March 14. This is for beginner to intermediate levels. Participants will progress at their own pace, and many options will be given to accommodate various levels and abilities. Information on the fundamentals of yoga will be interspersed into classes. Both classes are \$25 per person. Please register by calling the Recreation Department at 674-7720 Monday through Friday from 8:00 a.m. to 5:00 p.m. After hours, feel free to leave a message. You may also register by sending an email to mary@jeffersonwis.com

Karate Instruction Returns to Jefferson Recreation Department

The Recreation Department is happy to announce the return of karate lessons. The new session will begin on Thursday, February 16 and continue 8 weeks through April 5. All karate lessons will be held in conjunction with Karate America. There will be classes in Jefferson City Hall lower level on Thursday evenings and at Karate America in Johnson Creek the remainder of the week. Lessons will be offered to anyone beginning at age 4 through adult. For more class information and times, contact the Recreation Department at 674-7720 or review the permission slip on the website at www.jeffersonwis.com. The program fee is \$90 person and includes a uniform and all classes offered in Jefferson and Johnson Creek.

Born to be Wild

Does this describe your infant or toddler? Bring them to the East Elementary School Gym on Saturday mornings to burn off some of that extra energy inside where it's warm and dry with lots of space to play. The gym will be open between 9:00 and 11:00 a.m. for anyone 0 to 4 years old to come and play with their parents and other little friends. Born to be Wild will start on February 4 and continue through March 24. There will be lots of fun things to play with, scooters, bean bags, rubber balls, hula hoops, gymnastics mats for the floor, etc. This is an opportunity for parents to play with their kids in a gym setting. There will be no individual child supervision provided, so all children must be accompanied by a parent or guardian. The Recreation Department will have a staff person in the gym for building supervision. You are welcome to bring any of your children age 4 and under. For the safety of all the younger ones, no children age 5 and older will be allowed. There is no charge for this program and registration is not required. PLEASE NOTE: If it is wet outside, please bring a dry pair of shoes for the gym. If you have any questions, please contact Tom at the Recreation Department at 674-7720 Monday through Friday from 8:00 a.m. to 5:00 p.m. or send him an email at tom@jeffersonwis.com

Open Gym at the High School

The season for Open Gym at the Jefferson High School is coming to a close. The final two days the gym will be available to the Recreation Department are Sunday, February 5 and Saturday February 11. On these two days the gymnasium at the Jefferson High School will be open from 1:00 – 4:00 p.m. for anyone interested in using it. If you have any questions, please call the Recreation Department at 674-7720.