

# **Water Exercise/Lap Swim**

**2012 Winter/Spring Schedule**

**\$2.00/CLASS**

**January 4 – May 30**

**No class January 30, April 2, 4, and May 28**

**Class time: 5:45 – 6:45 p.m.**

**Class days: Monday and Wednesday**

**Location: Jefferson High School Indoor Pool**

**Lap Swim will be held from 6:45 – 7:45 p.m. at the Indoor Pool immediately following the exercise class.**

**There is no charge for Lap Swim**

**When school is canceled due to inclement weather, Water Exercise and Lap Swim will be canceled also.**